



PRN FOR MINOR MEDICAL PROBLEMS

Sierra Nevada Connections is required by Community Care Licensing to have a Physician sign these standing orders for foster children giving permission to the foster parent(s) to administer over the counter medication.

Child's Name: _____

DOB: _____

- BROMANATE ELIXIR, CHLORTRIMETON, ACTIFED, SUDAFED, TRIAMENIC TRIPALGEN or generic equivalent may be given for nasal congestion due to colds of allergic rhinitis per label directions.
- GUIATUSS DM SYRUP or generic equivalent per package directions as cough suppressant and expectorant.
- IBUPROFEN or generic equivalent 200 mg 1-2 tabs AFTER FOOD 3 times per day PRN for menstrual cramps, or muscle aches due to injury or joint pain.
- CHLORASEPTIC SPRAY, LISTERINE OR THROAT LOZENGES or generic equivalent may be used for sore throat pain per package directions.
- TYLENOL OR GENERIC ACETAMINOPHEN for minor pain or temperature of 100 degrees or more:
 - Dosage: 1) 30-70 lbs. 2 tab (160mg) every 4 hours PRN
 - 2) 70-100 lbs. 1 tab (325mg) every 4 hours PRN
 - 3) 100-130 lbs. 1 V2 tab (485mg) every 4 hours PRN
 - 4) Over 130 lbs. 2 tabs (650 mg) every 4 hours PRN
- ANTIBIOTIC FIRST AID OINTMENT, CAMPHOPHENIQUE or generic equivalent may be used for abrasions and minor lacerations PRN as an adjunct to infection prevention.
- BETADINE SOLUTION, PEROXIDE or generic equivalent may be used per package directions as wound cleaner.
- DRAMAMINE 25 MG or generic (dimenhydrinate) for motion sickness give 12 to 1 hour before travel, Adult over 20 years 1-2 tabs, 6-12 V2-1 tab or per package directions.
- KAPECTOLIN or generic equivalent per bottle instructions for diarrhea.
- MELATONIN AND OTHER NATURAL SLEEP AIDS (please fill in) _____
- MYLAGEN or generic equivalent per bottle directions for acid indigestion, upset stomach, etc.
- MILK OF MAGNESIA or generic equivalent per bottle directions for constipation.
- ANTIFUNGAL SPRAY, CREAM, OR POWDER (TOLNAFTATE 1%) or generic equivalent per package directions for athlete's foot, ringworm, jock itch.
- RID, NIX or generic equivalent shampoo per package directions for head pediculosis.
- SOLARCAINE, LANACAIN, CALAMINE LOTION or generic equivalent for pain due to minor sunburn, insect bites and minor burns, PRN.
- ICE PACKS for use in minimizing and or reducing pain and swelling of skeletal and soft tissue injuries such as bruises, fractures, dental pain, etc.
- HEATPACKS for use in stimulating circulation and healing of skeletal and soft tissues injuries (usually after 24 hours have elapsed from the time of injury). Soak with warm water enough to heat (not burn) the skin (105 degrees-120 degrees) for 20 minutes 3-4 times per day.
- ELEVATION of swollen extremity as an adjunct to other measures aimed at control of swelling can be instituted at any time after an injury. It is most effective when the extremity is elevated as high above the heart as comfort allows.
- GARGLING with warm salt water (1/2 teaspoon to 4 oz of water) may be used as soothing, cleansing circulation stimulating treatment for sore throat, gums, or other soft tissue in the mouth. Every 2 hours PRN.

Print Name

Signature of Doctor

Date